

SMART ONLINE

areebyasir.com



Part One: Social Media



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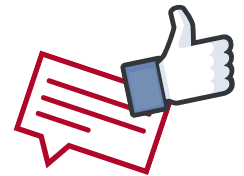
1. Is what I'm sharing 'safe' for me.

- Am I sharing personal information like home address/full name/parents name/ siblings name/location etc
- Is what I'm sharing going to effect my university/school application or future job prospects?
- Am I using 'smart language' or 'rude language'.
- Is what I'm posting too much information.



2. Am I over sharing?

- Am I building good relationships,content and following or am I pleasing the wrong crowd with the wrong images/posts.



3. Am I bullying someone? Or being bullied online?

- Am I being constructive with my criticism or input or am I trolling someone.
- Is someone trolling me and harassing me online or on something I posted. If so, talk to your family immediately. You do not have to go through this alone or feel ashamed or embarrassed.



4. If my parents/grandparents/teachers/employer saw this, would they be pleased or upset?

- It's the same thing for adults, if I post this would my workplace be pleased or would I get fired? The internet is forever, even if you have deleted something, there is always a cached record, or the social platform you shared it on still has it (all data is recorded there is nothing that is ever truly deleted). For example, Facebook still has pictures and video that were deleted.



5. Is this a healthy post that makes me feel good or bad?

- Decide carefully if this post is a real reflection of who you are or is it empty and you're posting it to get shallow likes?

